

## Vacation Bible School: "Who is My Neighbor?" (ELCA World Hunger)



**WHO:** Children ages 5 yrs old - 6th grade from Ebenezer, Immanuel, and Unity Lutheran Churches and from the surrounding community. 3-4 years olds are welcome to attend with an adult.

**WHAT:** Songs, Bible Stories, Crafts, Snacks, Dance, Friends, Fun!

**WHEN:** Monday, June 24-Thursdays, June 27  
12:30pm - Optional FREE lunch  
1:00-4:00pm – Program

**WHERE:** Immanuel Lutheran Church (1500 W. Elmdale Ave.)

**HOW:** Registration forms will be available the end of May in the Ebenezer and Immanuel Lutheran Church offices. Email your registration form to [churchoffice@immanuelchicago.org](mailto:churchoffice@immanuelchicago.org).

Contact Pastor Emily Heitzman for further information or to sign up at [pastoremilys@gmail.com](mailto:pastoremilys@gmail.com)

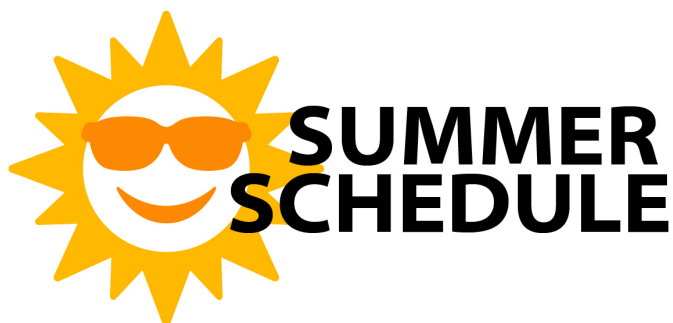
## The Rev. Yehiel Curry Elected to Serve As Our Next Bishop



Congratulations to Bishop-elect Yehiel Curry who was elected to be the sixth bishop of the Metropolitan Chicago Synod, ELCA, at this year's assembly on Saturday, June 8, 2019.

His six-year term begins officially on September 1, 2019. Bishop-elect Curry replaces Bishop Wayne N. Miller who is retiring August 31, 2019, after

two terms. Bishop-elect Curry's installation as bishop will happen in October, and details will be shared as they become available.



Our 5:00 p.m. liturgy will go on summer hiatus after Sunday June 16th.

Wednesday morning prayer and the evening service will also be on hiatus until the end of the summer.

## Ebenezer Senior Luncheon

Join the Ebenezer Senior Luncheon Group for a barbecue on June 20 at 12 noon. Pastor Michael will be our principle chef but if you'd like to bring something contact him or Parish Nurse Marcia Smith. Location will be at church but specifics will depend on weather. We hope to see you there!

## VBS Volunteers Needed!

Contact Pastor Emily Heitzman at [pastoremilys@gmail.com](mailto:pastoremilys@gmail.com) if you are interested in learning about volunteer opportunities.



## Edgewater Congregations Together Young Adults Group

Edgewater Congregations Together Young Adults Group. Young adults (18 years old through early 30s) from Unity, Ebenezer, and Immanuel Lutheran churches, as well as others from the community, gathers once a month for social events, service projects, and faith and life discussions. Join us for:

**March in the Pride Parade** (with the Chicago Coalition of Welcoming Churches): Sunday, June 30, following worship until end of Pride Parade (around 3 or 4pm.) Pastor Emily will be heading to the train from Immanuel Lutheran following worship. You can do any of the following:



Meet Pastor Emily at Immanuel (1500 W. Elmdale) at 11:30am and walk to the train with her; or, meet others who are marching in the parade at Ebenezer; or, meet Pastor Emily at the lineup. Let Pastor Emily know your plans! TIPS: Bring lunch, snacks and water bottle with you.

If you are a young adult and would like to connect with other young adults in the area, please contact Pastor Emily Heitzman at [pastoremilys@gmail.com](mailto:pastoremilys@gmail.com) to learn how you can get involved and/or to sign up. This event is open to all-ages.

## Edgewater Congregations Together Youth Group

Edgewater Congregations Together Youth Group meets at Immanuel Lutheran Church (1500 W. Elmdale Ave.)

2nd and 4th Wednesdays of the month

Dinner - 6:15 pm

Program - 7:00-8:30 pm

Free Time - 8:30-9:00 pm

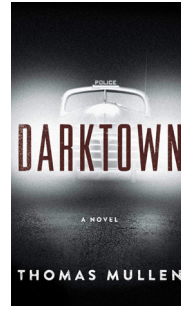
Edgewater Congregations Together Youth Group consists of youth in grades 6th-12th from Unity, Immanuel, and Ebenezer Lutheran Churches in the neighborhood of Edgewater. During the school year, they gather on the second and fourth Wednesdays of the month at Immanuel Lutheran Church for a meal, games, faith discussions, and worship. For more information, contact Pastor Emily at [pastoremilyh@gmail.com](mailto:pastoremilyh@gmail.com).

## Ebenezer Supports Refugees

Ebenezer's support group works with newly arrived refugees in the Rogers Park and Edgewater area. Sponsoring agencies offer a minimum of initial help when families first arrive. Ebenezer's group works to fill the gap until families are self-supporting. To see a list of items needed, go to the list on SignUpGenius ([www.signupgenius.com](http://www.signupgenius.com)); or, visit

[ebenezerchurch.org](http://ebenezerchurch.org) and select the link for "serve." Look for Ebenezer Refugee Support. Check back periodically. The list is updated as families' needs change. Cash donations can be made out to Ebenezer Lutheran Church with the notation of Refugee Fund on the memo line. Questions? Jackie Wood at [jacquelinewood@hotmail.com](mailto:jacquelinewood@hotmail.com), text at 773-484-3923. or call Norm Dynneson at 773-218-8729, [normdynneson64@gmail.com](mailto:normdynneson64@gmail.com)

## Women's Book Group



Women's Book Group meets at 7:00 p.m. in the Education Center Cafe. Come join the conversation!

June 17 – *Darktown* by Thomas Mullen

July 15 – *The Girl with Seven Names* by David John and Lee Hyeon-sea

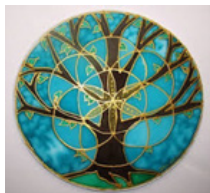
## Ebenezer Parents Group



Join us for our next gathering of parents of infants and toddlers on June 16th. We will share parenting joys, frustrations and ideas, as well as offer support to one another. For more information contact Marcia Smith, parish nurse at [parishnursemarcia@gmail.com](mailto:parishnursemarcia@gmail.com) or 773-743-1831.

## Esprit

### MENTAL HEALTH MATTERS FOR EVERYONE



Each year millions of Americans face the reality of living with a mental health condition.

June is Men's Health Month, anchored by a Congressional health education program celebrated across the country. It's purpose is to raise awareness about health care for men and focus on encouraging boys, men and families to implement and practice healthy living decisions.

The stigma attached to mental illness is very real and causes many to suffer in silence. This is especially true for men. The Ebenezer Mental Health Team has provided complimentary copies of "It's a guy thing" .. "Your Head: An Owner's Manual, Understanding and Overcoming Depression, Anxiety, and Stress" available in the narthex during June and also in the Mental Health section of the library located in the rear of the Community Hour space downstairs.

July is National Minority Mental Health Awareness Month. Mental illness doesn't choose who is affected by it, but culture, race, gender or sexual orientation can affect access to treatment, support and quality of care for many. National Minority Mental Health Awareness Month was established by Congress in 2008 to start changing this.

For more information, contact Ashley at 773/428-1521 or [ashley.frigerio@gmail.com](mailto:ashley.frigerio@gmail.com).

Ebenezer Lutheran Church  
1650 W. Foster Ave., Chicago IL 60640  
Phone (773) 561-8496

Communication Deadlines: Wednesday at noon for bulletin and e-news; 15th of each month for the next month's Messenger.

Staff:

Pastor Michael D. Fick  
[pastormichael@ebenezerchurch.org](mailto:pastormichael@ebenezerchurch.org)

Dr. John Elmquist, Director of Music  
[johnelmquist@yahoo.com](mailto:johnelmquist@yahoo.com)

Marcia Smith RN, BSN, Parish Nurse  
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Derek Stienmetz, Building and Volunteer Coordinator  
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Nathan Tolzmann, Bookkeeper  
[ebenezerbookkeeper@gmail.com](mailto:ebenezerbookkeeper@gmail.com)

Pastor Emily Heitzman, Edgewater Congregations Together Youth and Household Minister  
[pastoremilyh@gmail.com](mailto:pastoremilyh@gmail.com)

Jesse Lopez, Sexton  
<http://tinycc.EbenezerC3>

Rosalinda Valencia, Adhonet Sahle

Visit us: [ebenezerchurch.org](http://ebenezerchurch.org) and [facebook.com/ebezerchicago](https://www.facebook.com/ebezerchicago)

### Office Hours

**Monday, Wednesday, Friday**  
10:00 a.m. to 4:00 p.m.

**Tuesday and Thursday**  
10:00 a.m. to 12:00 p.m.